**A Tribe of Men**

1. You’re the average of the 5 closest people to you
   1. List the five closest people you know
      1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
      5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. The quality of the circle of 5
      1. Do any of these 5 pray with you regularly? Y/N
      2. Do any of these 5 provide coaching and support to you? Y/N
      3. Do you provide support and coaching to any of these 5? Y/N
   3. The Men’s Mastermind
      1. Do you meet regularly with these men? Y/N
      2. What topics do you discuss with these men?
2. Purpose: What value do you add in your world?
   1. Domestic Value – What is your modern Role like at home?
      1. How is your role different with your spouse, your kids, your siblings, your parents, your relatives?
   2. Professional Value – in the marketplace, what value are you creating?
      1. How are you making work a better working space?
      2. Who do you coach and mentor at work?
      3. Who mentors and coaches you at work?
   3. Spiritual Value
      1. Who do you mentor and coach spiritually?
      2. Who should you mentor and coach spiritually?
      3. Who is mentoring and coaching you?
3. The Board Meeting Challenge
   1. Parenting – Fatherhood with children 4+ years old
      1. Once a quarter – meet for a 4 hour board meeting
         1. The child plans the event – it’s their agenda only
         2. Only one child per meeting only
         3. Create a safe zone so your child can open up to you and share anything
      2. Once a month – meet with your wife
         1. Her agenda only. Designed to make her feel safe speaking with you and connecting with you
         2. This is different from date night. This is to hear her parenting concerns
   2. Married without Kids
      1. Once a month – meet with your wife
         1. Her agenda only. Designed to make her feel safe speaking with you and connecting with you
         2. This is different from date night.
      2. Once a quarter – mentor another youth in the church
         1. It’s their agenda. Creating a safe place for them to speak openly with another adult they can trust. This can also be another child in the family tree.
   3. Single Man – board meeting style
      1. Build your own mastermind
         1. A mix of single, married with no children, and married with children
         2. Meeting frequency to be set by each individual mastermind group
         3. Designed to support each other in the journey of life
      2. The mastermind can also bring in younger men/boys into the group to show them how to think ahead as men. Group coaching style
4. The Mastermind – one example
   1. Roles
      1. Moderator/facilitator – Hot Seat – Everyone else
   2. Format sample
      1. Intro/welcome – approximately 5-10 minutes
      2. Sharing/testimony – approximately 1-3 minutes per person
      3. Hot Seat 15 minutes to explain your current situation
         1. Hot Seat is the person who will benefit from that day’s session and get supported by the group. Each Session is a different person in the Hot Seat.
         2. The group holds the person accountable to making progress. This is not a venting session. This is a season to expose your problems for the purpose of being supported to solutions.
      4. Response Time – 20-30 Minutes
         1. This is the brainstorm session where people look for ideas to help solve the problem
         2. Everyone in an orderly fashion can contribute to solutions
         3. Questions are asked to deepen understanding of solutions.
      5. New/Old Agenda
         1. Time to review accountability of prior hot seat members
         2. Time to set group goals and accountability means for the growth of the group and its members
      6. Close – meditation, prayer, affirmations
   3. Meeting Frequencies – varies by the member preferences. Weekly, Monthly, Quarterly
      1. Session lengths will vary based on group’s needs and frequency of meeting
         1. The farther apart the sessions, typically the longer the sessions
      2. They can be held in person or via video conferences. Preference for in person.